

## Appendix 1

### Early Help Information for Area Committee – ACE – Area 6 – 2016/2017 – Overview of Services.

**Area:** South Team 1 – Area 6

**Date of Area Committee:** 13<sup>th</sup> June 2017

**Team:** South Team 1 – Consists of a children's Centre Team - 6 Family Support Workers Level 2 (1 working from the Children and families front door), delivering group interventions and 1:1 family support, 3 Family Support Workers Level 2's - Delivering groups in the communities.

**Wards covered by the team:** Sneinton, St Ann's and Mapperley

**Leadership Team:**

Community Family Support Manager - Kathleen Thomas

Assistant Community Family Support Manager – Mark Paulson

Early Support Specialists – Rachel Deane and Louise Compton (Job Share)

Play and Youth Specialist – Jacque Thomas (Citywide Coverage)

Early Learning Specialists - Naomi Skelton - (Citywide Coverage)

#### **Children's Centre Current delivery**

#### **Number of open access sessions: 9 per week**

**Monday** - Getting Ready For Nursery, 10:00am – 11:30am, St. Ann's Valley Centre  
2 - 5 Year Olds – **Attendance** – 20

**Tuesday** - Getting Ready for Nursery, 10:00am - 11:30am, 2-4 year olds  
Sneinton CC– **Attendance 18**

**Wednesday** - Stay, Play and Learn, 10:00am-11.30am  
St Ann's Valley Centre– **Attendance 25**

**Wednesday** - Sing and Wiggle with Rainbow Stripes, 1:15pm – 2:00pm, Sneinton  
Hermitage Community Centre– **Attendance 27**

**Wednesday** - Stay Play & Learn, 1:00pm – 2:30pm, Huntingdon Academy– **Attendance 3**

**Thursday** - Let's Get Moving, 9:45am – 11:15am, Bakersfield Community Centre–  
**Attendance 15**

**Thursday** - Let's Get Moving, 1.00pm- 2:30pm  
St. Ann's Play Centre– **Attendance 2**

**Friday** - Brewster's Stay and play, 1.00p– 2.30pm  
Hill View Community Centre– **Attendance 3**

#### **Number of targeted sessions: 14 sessions per week**

Targeted Group	Intervention
<b>Domestic Abuse</b>	Freedom Programme Women's Aid Drop in
<b>Behaviour</b>	The Triple P (Positive Parenting Program) Me and My Child Parenting Programme Sleep Tight Course Family Support/Drop In clinics
<b>Safety</b>	Early Learning For Safety (ELFS) Family Support Clinics/Drop In's
<b>SEND</b>	New Forest Parenting Programme (NFPP) Sensory Room
<b>Child Development</b>	PEEP Watch me Grow PEEP Inbetweenies

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	Weaning Group Sleep Tight Course
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**Monday-** Inbetweenies PEEP, 10:00am – 11:30am, Sneinton CC  
1 – 2 years– **Attendance 20**

**Monday** - Early Learning For Safety (First Aid)

1:30pm – 2:30pm - St. Ann's Valley Centre– **Attendance 7**

**Tuesday** - Watch Me Grow PEEP

9:45am – 11:15 - St. Ann's Valley Centre - 0 - 1 Year Olds– **Attendance 26**

**Thursday** - Early Learning For Safety, (First Aid), 10:30am – 11:30am  
Sneinton CC– **Attendance 7**

**Friday** - Renewal Trust Job Shop

9:00am – 12:00noon, 1:00pm – 4:00pm, Sneinton CC– **Attendance 10**

**Friday** - Watch Me Grow PEEP, 10:00am – 11:30am, Sneinton CC

0-1 Years– **Attendance 19**

**Friday** - Inbetweenies PEEP, 10.00am -11.30am, St Ann's Valley Centre  
1 – 2 years– **Attendance 20**

Me and my child (Parenting Course) - January – **Attendance 6**

Sleep Tight – Currently Running – **Attendance 5**

### **Number of family Support Clinics: 5 per week**

3 family Support Clinics and 2 family support drop in's.

Monday - Family Support Clinic 10:00am – 11:30am, Sneinton CC

Tuesday - Family Support Clinic, 10:00am – 11:30am, Sneinton CC

Wednesday - Family Support Drop In, 2:30pm – 3:30pm – Huntington Academy

Thursday – Family Support Drop in, 1.00 – 2.30 – Walter Halls School

Friday - Family Support Clinic, 1:30pm – 3:00pm

### **Outcomes evidence:**

Q2/Q3 for September – December delivery re. tracking:

- 5 children were tracked in Watch Me Grow PEEP (St Anns), with 1 PS completed
- 4 children were tracked in Inbetweenies PEEP (St Anns)
- 4 children were tracked for GRFN at Sneinton
- 5 children were tracked for GRFN at St Anns
- 19 children were tracked across 6 sessions (about half of the possible delivery) and this showed children made good progress in particular for those who attended PEEP group.
- In summary 18 children were tracked. You could use some of the comparator stuff for PEEP/RS as this gave good impact examples (for April to July though) would imagine this still gives good impact for last term too.
- Good robust electronic folders in place used by all workers with detailed activity analysis and evaluations

All programmes/sessions have some outcomes at the end of term (progress stars and children's development tracking) – where this was low this has been reinforced with individual staff members.

Children made good progress in the targeted school readiness sessions; with quality assurance observations grading these as Good

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### Group evaluations:

#### Evaluation: - Me and my child (Parenting Course) - January

Total number of adults who attended: 6 parents completed the course

Total number of sessions delivered:- 6

- families live in the area . St Ann's and Sneinton
- families were from workless households- 5
- Priority family (CAF/CIN) - 3
- parent is a teenage parent-
- child had a disability - 3
- families were DART referral made-
- child in 2 year learning programme- 2
- child in 3 & 4 year old funded nursery place- 1

#### Outcomes

- 6 out of 8 parents completed the course.
- After completing the course we signpost
- 1x2 parents to adult learning
- 3 parents were interested in attending the parent forum and also volunteering.
- 2 parents attended play sessions.
- All parents were given strategies to use to manage their children's behaviour.
- 1 x Mum who was experiencing difficulties with her children behaviour, was able to see that the environment around her child had impacted on their behaviour, rather than being just a naughty child

### Play and Youth Team:

**Current delivery: Number of open access sessions: 10 sessions a week – 7581 attendances (April – March)**

Timetable	Tuesday	Russell Transitional – Attendance - <b>16</b> St Anns Play Centre Play - Attendance - <b>18</b>
	Wednesday	Oliver Hind Transitional - Attendance - <b>17</b> St Jude's Youth– Attendance - <b>10</b> Hill View Transitional – Attendance - <b>17</b>
	Thursday	Oliver Hind Play– Attendance - <b>40</b> Oliver Hind Youth– Attendance - <b>17</b>
	Friday	Russell Youth– Attendance - <b>15</b> St Anns Play Centre Play– Attendance - <b>18</b>
	Saturday	St Anns Play Centre Play– Attendance - <b>10</b>

#### **Number of themed projects against Directorate Target:**

South 1	Environment	Creating positive environment projects	Increased creativity, Building resilience, increase confidence, recognising self
	Creative Expression	CYP expressing themselves, positive relationships through various art forms	
	Equality and Diversity		

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		CYP looking at Gender, health relationships , inequalities, how we treat each other	
	Holistic Health	Looking at Mindfulness,	

### Outcomes evidence:

#### Project scaling

#### South 1 – Team 5 Play and Youth Themed Project Feedback.

#### Themed project attendance by Quarter

Quarter 1	Quarter 2	Quarter 3	Quarter 4
Theme - Environment	Theme – Creative Expression	Theme – Equality and Diversity	Theme – Holistic Health
Attendance	Attendance	Attendance	Attendance
<b>122</b>	<b>168</b>	<b>279</b>	<b>31</b>

#### Themed project topics so far this year have included:

- Caribbean Carnival
- Cooking to Build Relationships
- Creative Expression
- Dance Project
- Den Building
- Equality & Diversity
- Ground Rules
- Music Project
- Puppet Parade
- World Cup
- Environmental Project - Play
- Environmental Project - Youth

### Positive Outcomes:

- 1. Ground Rules Project:** A young person (D.K.) that attended in this project gained confidence grew in self-esteem, leadership skills. The children had group meetings, they conducted their own surveys amongst the other members of the club, they wrote up their own ground rules and continued to promote them in the sessions – they are still keeping it in mind as they have introduced them to a new member in the club.

#### Other consultations/feedback

#### Play and Youth Citywide Events:

#### Healthy Me

The Play and Youth Teams hosted a fantastic 'Healthy Me' event for young people at the fabulous Harvey Hadden Sports Village. Over 120 young people from across the city attended and enjoyed the program of activities on offer these ranged from, basketball, swimming to Zumba. Teams watched the excitement from the young people who said they loved the event, many wanted longer!!! And more activities, importantly they said they will be attending the Centre again in the future.

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### **Celebration Event 7th April 2017**

The event brought together 60 Young People and their Parent/ carer from across the city to celebrate their achievements during 2016/17. Held at the council house Young People worked to receive certificates in acknowledgement for their achievement's in themed project work, Youth Council and personal achievement'